



PSHE

Intent

Our intention is that when children leave Busbridge Junior School, they will do so with the knowledge, understanding and emotional intelligence to be able to play an active, positive and successful role in today's diverse society. We want our children to have high aspirations, a belief in themselves and realise that anything is possible if they put their mind to it. We intend for our children to leave Busbridge Junior School with a good understanding of factors that affect the world they live in and be equipped to deal with these appropriately.

Our PSHE curriculum develops learning and results in the acquisition of knowledge and skills, which will enable children to access the wider curriculum and prepare them to be a global citizen now, and in their future roles within a global community. It promotes the spiritual, moral, cultural, mental and physical development of pupils, preparing them for the opportunities, responsibilities and experiences for later life. Our Relationships and Sex Education enables our children to learn how to be safe, and to understand and develop healthy relationships, both now and in their future lives.

Implementation

All children are taught PSHE explicitly weekly at Busbridge Junior School. There are four key themes that run through our PSHE lessons in every year group: relationships, feelings, keeping safe and citizenship. Our curriculum is carefully designed to allow children to revisit these key themes each year and build on their prior knowledge. PSHE lessons are planned so that children have many opportunities to discuss their thoughts, feelings and opinions in a safe space. Our PSHE curriculum links to British Values, and SMSC and is taught in such a way as to reflect the overall aims, values, and ethos of the school. Our PSHE lessons can also be flexible to allow for reactive teaching if and when issues arise amongst certain cohorts.

The teaching of PSHE at Busbridge Junior School is not constrained to lessons in the classroom. We believe that focusing on developing a 'Growth Mindset' in our children will help them to build resilience, independence and confidence; embrace challenge; foster a love of learning; and increase their level of happiness. We do this through the language we use in class, and using the language of 'choices' to encourage children to change their way of thinking. PSHE, including SMSC and British Values, is an integral part of the whole school curriculum, and is therefore often taught within other subject areas. Visitors such as emergency services complement our PSHE curriculum to offer additional learning; Year 6 also benefit from first aid training in the summer term. We encourage our pupils to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community. We challenge all of our pupils to look for opportunities to show the school values of cherish and challenge, as well as 'doing something for nothing'. Assemblies are linked to PSHE, British Values and SMSC and cover any additional sessions that would benefit the whole school. PSHE is also taught through 'Double Days', where all children have the opportunity to explore areas of the PSHE curriculum in greater depth, for example first aid or healthy eating.

Our Relationships and Sex Education is supported by the use of the BBC's 'Operation Ouch' resources. RSE is taught in Year 5 (covering different types of family, human development and puberty) and Year 6 (re-visiting different family types, human development and puberty and additionally covering how babies are made). Children are encouraged to use the scientific names for body parts. RSE lessons are an open space where children are able to ask questions freely, using an anonymous question box.



Impact

PSHE is planned so that children are able to build on their prior knowledge and apply skills taught in lessons to their wider life outside of the classroom. Because of this, the success of the teaching of PSHE at Busbridge Junior School will not necessarily be measured in the classroom. Lessons are planned by taking a wide range of needs and levels of understanding into consideration so that every child can access the content. Key themes are revisited in every year group, meaning that knowledge and skills can be consistently refreshed.

By the time they leave Busbridge Junior School, all children will be equipped with the knowledge and skills to navigate through real-life situations with confidence (including but not limited to fostering healthy relationships, keeping safe and first aid). They will develop into healthy, open-minded, respectful and responsible members of society, who are able to manage their emotions in a range of situations, drawing on a number of strategies to help them achieve this. They will show respect for themselves and others and will show resilience and positive self-esteem when faced with challenges. All children will know where to turn if they do not feel safe, whether in real-life or online.

All children will leave Busbridge Junior School with a comprehensive understanding of the physical and emotional aspects of RSE at an age-appropriate level, including how to recognise when consent is and is not given.