Me and My screen

HOW TO GET A HEALTHY BALANCE WITH TECHNOLOGY





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An interactive workshop for years 3,4,5&6

Aligned with the PSHE Key Stage 2 national curriculum.

Interactive discussion enables students to evaluate the advantages and disadvantages of the internet



Empowers students to assess their online activities and determine if they are using their time productively.



Explores the impact of persuasive technology on us and on broader society.



Equips students with strategies to achieve a healthier balance with technology.



