



## Curriculum Intent Statement for Physical Education (PE) and Physical Activity

### Intent

We aim to inspire all children and for each child to fulfil their potential. We want the children's experience of PE to be positive and motivating. PE enables pupils to become physically confident. This supports their health, wellbeing and fitness and provides the foundations for lifelong activity. We want them to succeed and excel in competitive sport and physical activities. We offer all children chances to compete in sport and other activities. This helps them build character and learn through the school's 6R principals. Through PE, we develop the children's knowledge, skills and understanding. They build confidence and competence in a range of activities and cherish and challenge themselves and each other.

### Implementation

Each child receives 2 hours of PE a week with specialist coaches or class teachers. We plan their sessions to cover a broad and full range of skills and activities. Children in year 4 attend swimming lessons in a local pool. They learn to swim 25 metres competently and confidently in a range of strokes. Children also have the chance to be active in wide range of clubs. Children also get the opportunity to experience outdoor activities on residential trips in years 4 and 6.

We teach in a way that children:

- have fun and experience success in sport
  - can join in at their own level of development
  - build and secure a range of skills
  - develop good sporting attitudes
  - understand basic rules
  - experience positive competition
  - learn in a safe environment
- Aims Our curriculum aims to ensure that all pupils:
- develop their fundamental movement skills
  - improve their agility, balance and coordination



- lead and join in PE games with growing confidence, developing their speaking and listening skills
- learn useful PE vocabulary and knowledge to help them at KS3 and beyond
- enjoy fitness and understand the importance of good diet and exercise

### Impact

All children receive a broad and balanced PE curriculum. Every child will access the all the key areas of the subject. Teachers plan PE with clear progression of skills and knowledge. This ensures that all children access it at an age-appropriate level. We also hold daily opportunities for physical activity. These include targeted lunchtime activities for specific cohorts of children, year group use of the MUGA at lunchtimes as well as adult and child led clubs. The children can also take part in competitions against other local schools across a range of sports including athletics, football and swimming.